ADVENT CALENDAR Please check with us to find out our opening times and any specific donations days around Christmas and to check if there is anything in particular we're running short of. Please see Facebook or our website for contact details for each Foodbank Centre. THANK YOU!

1	2	3	4	5	6	
Tinned Potatoes	Jar of jam	Tin of vegetables	Sponge pudding	Instant whip/ jelly	Bar of chocolate	
7	8	9	10	11	12	
Packet of cereal bars	Tin of fruit	500g bag long grain rice	UHT or powdered milk	Tin of ham	Tin of hot dogs	
13	14	15	16	17	18	
Shower gel/ shampoo	Jar of cooking sauce	Tin of custard	Deodorant/ shaving kit	Tinned tomatoes	Tin of rice pudding	
19	20	21	22	23	24	
Packet of instant mash	Packet of biscuits	Pringles	Small jar of coffee	Tin of fish	Toothpaste/ toothbrush	

## aberdeenshirenorth.foodbank.org.uk

Registered Charity in Scotland (SC045884)

Aberdeenshire North